

# Story Scripts

## Physical Therapy

We've put together some story scripts to help parents explain Teletherapy appointments to their child or teen.



### Online Physical Therapy Script

There once was a little girl named Lily who loved to run and play outside with her friends. One day, while she was playing, she tripped and fell, hurting her leg. She went to the doctor, who told her that she needed to see a physical therapist to help her leg get better.

Lily's mom made an appointment for her to see a physical therapist, but instead of going to an office to see the therapist in person, they had the appointment through a computer screen! Lily was confused at first, but her mom explained that they were going to talk to the physical therapist using a special program on the computer, kind of like talking on a video call.

When it was time for the appointment, Lily and her mom sat in front of the computer, and the physical therapist's face appeared on the screen. The therapist was very nice and asked Lily how her leg was feeling. Lily told her that it hurt a little bit when she walked.

The therapist then showed Lily and her mom some exercises to do to help her leg get stronger. They did the exercises together, and the therapist watched Lily's movements on the screen to make sure she was doing them correctly. The therapist also gave Lily some tips on how to take care of her leg at home and gave her exercises to do each day.

Lily was happy that she could see the physical therapist on the computer, because she didn't have to go anywhere, and she could still get the help she needed to make her leg better. After a few weeks of doing the exercises, Lily's leg felt much better, and she was able to run and play with her friends again.